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WHAT IS CLAIMED IS:

- A non-linear optical material comprising a bismuth film capable of producing non-linear optical effects including non-linear refraction and non-linear absorption.
- The non-linear optical material of claim 1, wherein the bismuth film is
 formed by pulsed laser deposition.
 - The non-linear optical material of claim 1, wherein a thickness of the bismuth film is approximately 10.5nm.
 - The non-linear optical material of claim 1, wherein the bismuth film is covered by a top protective layer.
 - The non-linear optical material of claim 4, wherein the top protective layer is transparent.
 - 6. The non-linear optical material of claim 4, wherein the top protective layer comprises Al_2O_3 .
 - 7. The non-linear optical material of claim 1, wherein the bismuth film is disposed on a base layer.
 - 8. The non-linear optical material of claim 7, wherein the base layer comprises glass.
 - The non-linear optical material of claim 7, wherein the base layer comprises quartz.
- 20 10. The non-linear optical material of claim 1, which is used as a non-linear optical device in an optical method or in an optical apparatus.